

# CRISP & GREEN

# ALLERGEN INFORMATION | FALL WINTER 2025

We care deeply about your well-being and strive to provide accurate information about the ingredients used in our menu items. Please note that our kitchens handle and prepare foods containing major allergens, including milk, eggs, wheat, soy, peanuts, tree nuts, fish, shellfish, and sesame. While we take steps to minimize cross-contact when preparing individual orders, we cannot guarantee that any item is completely free of allergens.

If you have a food allergy or dietary restriction, please notify a manager before ordering. We're always happy to work with you to support your needs.

**X = Contains**

**O = May contain**

Menu Name	Milk	Eggs	Wheat	Soy	Peanuts	Tree Nuts	Coconut	Sesame	Finfish	Shellfish
<b>WARM GRAIN BOWLS</b>										
Ahh... Greek Out!	X		X	X				X		
Fiesta Bowl	X			X	X					
Seoul Bowl			O	X		X		X		
The Bold & The Buffalo	X		X	X						
Verde Chicken Bowl	X			X						
Wild Child	X									
<b>SIGNATURE SALADS</b>										
C'est La Viche										X
Chicken Bacon Ranch	X			X						
Classic Chicken Caesar	X	X		X	X	O			X	
No Prob Cobb	X	X		X					X	
#squashgoals	X			X	X	X				
Wild Wild Southwest	X			X						
<b>WRAPS</b>										
Buffalo Bleu	X		X	X						
Caesar Crunch	X	X	X	X					X	
Ranch Club	X		X	X						
Honey Mustard	X	X	X	X						
Japanese BBQ			X	X	X	O		X		
Spicy Southwest	X		X	X						
<b>KIDS BOWLS</b>										
Adventure Bowl	X			X	X	O				
Little Chef Salad	X	X		X						
Los Ninos Bowl	X									
Smash Bowl	X			X						
<b>ACAI BOWLS</b>										
Acai Ya Later						X	X			
Imagine Dragon Fruit						X	X			
Protein Power Play				X		X	X			
Tropic Time						X	X			
Two to Mango				X	X	X	X			
Ube Berry						X	X			







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<b>DRY TOPPINGS</b>										
Bacon										
Craisins										
Crispy Wontons			X	X						
Pecans					O	X				
Pepitas				X	X	O				
Sunflower Seeds				X	X	O				
<b>GARNISHES</b>										
Aji Verde Sauce	X			X						
Bachan's Japanese BBQ Sauce			X	X				X		
Blue Corn Chips										
Bread	O	O	X	O		O		O		
Buffalo Bread Crumbs			X							
Cilantro										
Croutons			X							
Hummus				X				X		
Olive Oil										
Parmesan Crisps	X									
Pepitas				X	X	O				
Pita Chips			X							
Roasted Tomatillo Salsa										
Sesame Seeds								X		
Spicy Bibimbap Sauce			O	X				X		
<b>DRESSINGS</b>										
Apple Cider Pumpkin Seed				X	X	O				
Balsamic Vinaigrette										
C&G Ranch	X			X						
Classic Caesar	X	X		X					X	
Creamy Southwestern	X			X						
Honey Mustard		X		X						
Jalapeno Green Goddess	X			X					X	
Jalapeno Lime Vinaigrette										
Korean Chile Cashew			O	X		X		X		
Red Wine Vinaigrette										
Teriyaki				X	X	O		X		

