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Menu Name	Agave	Citrus	Milk	Eggs	Garlic	Wheat	Soy	Peanuts	Tree Nuts	Coconut	Sesame	Finfish	Shellfish
WARM GRAIN BOWLS													
Ahh Greek Out!	х		х	0	х	х	Х				х		
Fiesta Bowl	x	X	X		x	0	х	x	0				
Seoul Bowl	x	x			х	О	х		х		х		
The Bold & The Buffalo		X	X		x	х	х		0				
Verde Chicken Bowl	x	х	x		х		х						
Wild Child	х		Х		Х								
SIGNATURE SALADS													
C'est La Viche	Х	х			Х								Х
Chicken Bacon Ranch	Х	х	Х		Х		Х						
Classic Chicken Caesar		X	x	X	х		х	х	0			х	
No Prob Cobb		X	X	Х	Х		X					X	
#squashgoals	х	x	х		х		Х	x	X				
Wild Wild Southwest		х	x		х		х						
WRAPS													
Buffalo Bleu		х	х	0	х	х	Х						
Caesar Crunch		X	Х	х	Х	X	Х		0			Х	
Ranch Club		х	Х		х	X	Х						
Honey Mustard		X	X	Х	х	Х	Х						
Japanese BBQ	х				х	x	Х	х	0		х		
Spicy Southwest		X	X		х	Х	Х						
KIDS BOWLS													
Adventure Bowl		х	Х		х		Х	Х	0				
Little Chef Salad		X	X	Х	х		Х						
Los Ninos Bowl		x	х		х								
Smash Bowl		X	Х		Х		Х						
Little Protein Plate			0	0	х	X	Х				х		
ACAI BOWLS													
Acai Ya Later			0	0		0	0	0	Х	х			
Imagine Dragon Fruit			0	0		0	0	0	Х	х			
Protein Power Play			0	0		0	Х	0	Х	х	0		
Tropic Time			0	0		0	0	0	X	х			
Two to Mango			0	0		0	х	х	x	х			
Ube Berry	Х		0	0		0	0	0	Х	Х			
SMOOTHIES													
Be Well													
Blue Boost			0						X	x		0	0
Bounce Back		X											0
Brewberry							0		x	х	0		
Chai Tea		x							х	х			
Date Night									х	х			
Green Glow													
Hibiscus Tea			0						x	x		0	
Inner Beauty			0						x	x		0	
Maple Peanut								x	X	X			

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Menu Name	Agave	Citrus	Milk	Eggs	Garlic	Wheat	Soy	Peanuts	Tree Nuts	Coconut	Sesame	Finfish	Shellfish
Mocha Dream								Х	X	Х			
Strawberry Sunrise								^	~	^			
AGUAS FRESCAS													
Apple	х	Х											
Butterfly Tea	x	x											
Cranberry Blueberry	x	x											
Ginger Lemonade	x	X											
Hibiscus Lemonade	x	X											
Pineapple Ginger	x	X											
Pomegranate Lemon	X	x											
Rishi Classic Black Tea	^												
SIGNATURE ICED BEVERAGES													
Cold Brew													
Iced Chai Latte		x							Х				
Iced Matcha Latte	х	,							x				
Iced Ube Matcha Latte	x								X				
Salted Maple Cold Brew	^								x				
Vanilla Cold Brew	x								×				
SNACKS & TREATS									X				
Chocolate Croissant			Х	Х		Х	Х		0		0		
Matcha White Chocolate Chip Cookie			×	X		x	x		Ü		U		
Ube Crispie			^	Α		^	x			x			
Vegan Crispie							x			x			
Vegan Walnut Chocolate Chip Cookie						Х	X		Х	^			
						^	χ		Α				
BUILD YOUR OWN ACAL BOWL													
BUILD YOUR OWN ACAI BOWL			0	0		0	0	0	X	X			
Acai Sorbet			0	0		0	0	0	X	X			
Acai Sorbet Dragon Fruit Sorbet			0	0		0	0	0	Х	Х			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet	X		0	0		0	0	0	X X	X X			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet	X		0	0		0	0	0	Х	Х			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas	X		0	0		0	0	0	X X	X X			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries	х		0	0		0	0	0	X X	X X			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs	x		0	0		0	0	0	X X	X X	0		
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries	х		0	0		0	0 0 0	0	x x x	X X	0		
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter	х		0	0		0	0 0 0	0	x x x	X X	0		
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola	x		0	0		0	0 0 0	0	x x x	X X	0		
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi	x		0 0 0	0		0	0 0 0	0	x x x	X X			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi Protein Puffs	x		0 0 0	0		0	0 0 0	0	x x x	X X			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi Protein Puffs Strawberries	X		0 0 0	0		0	0 0 0	0	x x x	x x x			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi Protein Puffs Strawberries Toasted Coconut	x		0 0 0	0		0	0 0 0	0	x x x	x x x			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi Protein Puffs Strawberries Toasted Coconut SMOOTHIE INGREDIENTS Almond Butter	X	X	0 0 0	0		0	0 0 0	0	x x x	x x x			
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi Protein Puffs Strawberries Toasted Coconut SMOOTHIE INGREDIENTS Almond Butter	X	x	0 0 0	0		0	0 0 0	0	x x x	x x x			0
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi Protein Puffs Strawberries Toasted Coconut SMOOTHIE INGREDIENTS Almond Butter	X	X	0 0 0	0		0	0 0 0	0	x x x	x x x			0
Acai Sorbet Dragon Fruit Sorbet Mango Sorbet Ube Sorbet Bananas Blueberries Cacao Nibs Cashew Butter Granola Kiwi Protein Puffs Strawberries Toasted Coconut SMOOTHIE INGREDIENTS Almond Butter Apple Blue Spirulina	X	X	0 0 0	0		0	0 0 0	0	x x x	x x x	0		0

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Colonat Milk   Cold Brew Coffee	Menu Name	Agave	Citrus	Milk	Eggs	Garlic	Wheat	Soy	Peanuts	Tree Nuts	Coconut	Sesame	Finfish	Shellfish
Cold Brew Coffee	Coconut Milk									Х	Х			
Green Spirulina	Cold Brew Coffee													
Green Spirutins Hibitous hwoder Maple Syrup Peanut butter Pinageple Plain fea Protein Turmeric Powder Vanille Res Protein Brown Rice Hero Totilat Kate Mixed Greens Quinca Romaine Spinach Vill Rice Hor TOTPINGS Hilack Reans Bluckered Chicken Thigh Russess Spruts Buffalc Chicken Butterrut Squash Quinca Rosated Cauliflower Rosated Mathonoms Rosated Mathonoms Rosated Mathonoms Rosated Mathonoms Rosated Mathonoms Rosated Totiu X X X X X X X X X X X X X X X X X X X				0						О			О	
Hibicus Poyoder Mable Strup Peanut Butter Pineapole Plain Ras Protatin Turmeric Powder Vanilla Pea Protatin BASES Arrighta Brown Rice Hero Turtilla Kale Mised Scients Quinosa Romaine Spinach Out Protable Horo Turtilla Kale Mised Scients Quinosa Romaine Spinach Spinach Spinach Out Farian Spinach Out Farian Spinach Out Farian Spinach Out Grant Spinach Ou	_													0
Maple Syrup   Peanut Suter														
Peanut Butter Pineapple Plain Pea Protein Turnerio Rowder Vanilla Pea Protein RAFES Aruguia Brown Rice Hero Tortilla Kale Mixed Greena Quince Quince Romaine Sphach Mittli Rice HOT TOSHNOS Black Bears Ratckened Chicken Thigh Ruseass Sprouts Butternt Squash Quince Rosted Chicken Butternt Squash Quince Rosted Chicken Rosted Chicken Ruseass Sprouts Ruseass Ratckened Chicken Thigh Ruseass Sprouts Ruseass Ruseass Ruseass Ratckened Chicken Thigh Ruseass Sprouts Ruseass Rus														
Pilain Per Protein Turmeric Powder Vanilla Pea Protein  BASES Arugola Grown Rice Hera Torilia Kale Mixed Greena Quinaa Romaine Spinach Wild Rice HOTOPPINOS Black Beans Blackaned Chicken Thigh Brussels Sprouts Buffalo Chicken Quinaa Rosated Cauliflower Rosated Chorden Rosated Chorden Rosated Chorden Rosated Chorden Rosated Chrolen Rosated Sprous Rosated Sprous Rosated Sprous Rosated Sprous Rosated Chrolen Rosated Sprous Ros									x	х				
Plain Pea Protein Turmeric Prowder Vanilla Pea Protein  Vanilla Pea Protein  Arugula  Brown Rice Hero Tortilla  Kale Mised Greens Quinoa Romaine Spinach Wild Rice HOT TOPPINSS Black Reans Blackened Chicken Thigh Rrussels Sprouts Buffer Onciden  Butternut Squash Quinoa Roasted Cauliflower Roasted Chicken Roasted Grepers & Orions Roasted Mushrooms Roasted Grepers & Orions Roasted Orions Ro														
Turmeric Powder														
Vanilla Rea Protein														
## Argula   Brown Rice										×	×			
Arugula										^	^			
Brown Rice   Hero Tortilla   X														
Hero Tortilla	-													
Mixed Greens								0						
Mixed Greens Quinoa Romaine Spinach Wild Rice HOT TOPPINGS Black Beans Blackened Chicken Thigh Brussels Sprouts Buffalo Chicken Butternut Squash Quinoa Roasted Cauliflower Roasted Cauliflower Roasted Chicken X X X X X X X X X X X X X X X X X X X							^	U						
Quinoa         Romaine           Spinach         Wild Rice           HOT TOPPINGS           Black Beans         Stack Beans           Blackened Chicken Thigh         X           Brussels Sprouts         Stack Beans           Buffalo Chicken         X           Butternut Squash         X           Quinoa         X           Roasted Califlower         X           Roasted Chicken         X           Roasted Corn & Poblano         X           Roasted Peppers & Onions         X           Roasted foru         X         X           COLD TOPPINGS         X           Apples         X           Avocado         Black Cheese         X           Citrus & Gartic Shrimp         X         X           Citrus & Gartic Shrimp         X         X														
Romaine Spinach Witd Rice  HOT TOPPINGS Black Beans Blackened Chicken Thigh Brussels Sprouts Buffalo Chicken Butternut Squash Quinoa Roasted Cauliflower Roasted Couliflower Roasted Couliflower Roasted Core Roblano Roasted Core Roblano Roasted Mishrooms Roasted Mishrooms Roasted Peppers & Onions Roasted Tofu X X X X X X X X X X X X X X X X X X X														
Spinach   Wild Rice   State														
Wild Rice         HOT TOPPINGS           Black Beans         8           Black Beans         8           Black Reans         8           Burssels Sprouts         8           Buffalo Chicken         X           Butternut Squash         4           Quinoa         X           Roasted Cauliflower         X           Roasted Corn & Poblano         X           Roasted Corn & Poblano         X           Roasted Mushrooms         8           Roasted Feppers & Onions         X           Roasted Tofu         X         X           COLD TOPPINGS         X           Apples         X           Avocado         Bleu Cheese         X           Carrots         X           Citrus & Garlic Shrimp         X         X           Cucumbers         X         X														
HOT TOPPINGS Black Beans Blackened Chicken Thigh Brussels Sprouts Buffalo Chicken Buffalo Chicken Butternut Squash Quinoa Roasted Calliflower Roasted Chicken Roasted Chicken Roasted Mushrooms Roasted Mushrooms Roasted Fepters & Onions Roasted Tofu Roasted Tofu X X X X X X X X X X X X X X X X X X X	-													
Black Beans Blackned Chicken Thigh Brussels Sprouts Buffalo Chicken Suffalo Ch														
Blackened Chicken Thigh Brussels Sprouts Buffalo Chicken Butternut Squash Quinoa Roasted Cauliflower Roasted Corn & Poblano Roasted Corn & Poblano Roasted Peppers & Onions Roasted Peppers & Onions Roasted Tofu X X X X X X X X X X X X X X X X X X X														
Brussels Sprouts Buffalo Chicken Butternut Squash Quinoa Roasted Cauliflower Roasted Chicken Roasted Chicken Roasted Corn & Poblano Roasted Mishrooms Roasted Tofu X X X X X X X X X X X X X X X X X X X														
Buffalo Chicken Butternut Squash Quinoa Roasted Calliflower Roasted Chicken Roasted Mushrooms Roasted Peppers & Onions Roasted Tofu X X X X X X X X X X X X X X X X X X X						X								
Butternut Squash Quinoa Roasted Cauliflower Roasted Chicken Roasted Chicken Roasted Corn & Poblano Roasted Mushrooms Roasted Tofu X X X X X X X X X X X X X X X X X X X	-													
Quinoa Roasted Cauliflower Roasted Chicken XX Roasted Chicken XX Roasted Corn & Poblano Roasted Mushrooms Roasted Peppers & Onions Roasted Tofu XX	Buffalo Chicken					Х								
Roasted Cauliflower	-													
Roasted Chicken	Quinoa													
Roasted Corn & Poblano Roasted Mushrooms Roasted Peppers & Onions Roasted Tofu X X X X X X X X X X X X X X X X X X X														
Roasted Mushrooms Roasted Peppers & Onions Roasted Tofu X X X X X X X X X X X X X X X X X X X	Roasted Chicken					X								
Roasted Peppers & Onions         X <td>Roasted Corn &amp; Poblano</td> <td></td>	Roasted Corn & Poblano													
Roasted Tofu         X         X         X         X           COLD TOPPINGS         X         X         X           Apples         X         X         X           Avocado         X         X         X           Bleu Cheese         X         X         X           Carrots         X         X         X           Citrus & Garlic Shrimp         X         X         X           Cucumbers         X         X         X	Roasted Mushrooms													
COLD TOPPINGS         X           Apples         X           Avocado         X           Bleu Cheese         X           Carrots         X           Citrus & Garlic Shrimp         X           Cucumbers         X	Roasted Peppers & Onions													
Apples         X         Image: Control of the control	Roasted Tofu	х	x			X		x						
Avocado         X           Bleu Cheese         X           Carrots         X           Citrus & Garlic Shrimp         X           Cucumbers         X	COLD TOPPINGS													
Avocado         X           Bleu Cheese         X           Carrots         X           Citrus & Garlic Shrimp         X           Cucumbers         X	Apples		Х											
Bleu Cheese X X S S S S S S S S S S S S S S S S S														
Carrots Citrus & Garlic Shrimp X X X Cucumbers				х										
Citrus & Garlic Shrimp X X X X X X X X X X X X X X X X X X X														
Cucumbers			х			х								х
Daikon Radish	Daikon Radish													
Egg X					X									
Feta X				x										
Goat Cheese X														
Jalapenos A Jalapenos				^										

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Olives													
Napa Cabbage													
Parmesan			х										
Pickled Onions	x												
Queso Fresco			x										
Radicchio													
Roasted Corn													
Roasted Tomatoes					х								
Tomatoes													
White Cheddar			x										
DRY TOPPINGS			,										
Bacon													
Craisins													
Crispy Wontons						X			0				
Pecans						^		0	X				
Pepitas							X	X	0				
Sunflower Seeds							X	x	0				
GARNISHES							^	^	- U				
Aji Verde Sauce		х	х		Х		Х						
Bachan's Japanese BBQ Sauce		×	X		X	X	X				X		
· ·					Χ	X	X				X		
Blue Corn Chips													
Bread			0	0		X	0		0		0		
Buffalo Bread Crumbs			0	0	Х	Х	0						
Cilantro						.,							
Croutons			_	_		X			0				
Hummus			0	0	Х	0	Х				X		
Olive Oil													
Parmesan Crisps			Х										
Pepitas							X	Х	0				
Pita Chips						X							
Roasted Tomatillo Salsa		х			Х	0	0	0	0				
Sesame Seeds											Х		
Spicy Bibimbap Sauce	Х				Х	0	Х				Х		
DRESSINGS													
Apple Cider Pumpkin Seed	Х						X	X	0				
Balsamic Vinaigrette	Х												
C&G Ranch		Х	Х		Х		Х						
Classic Caesar		Х	Х	Х	Х		X					Х	
Creamy Southwestern		Х	Х		Х		Х						
Honey Mustard		Х		Х			Х						
Jalapeno Green Goddess		Х	Х		Х		Х					Х	
Jalapeno Lime Vinaigrette	Х	Х			Х								
Korean Chile Cashew	Х				Х	0	х		Х		х		
Red Wine Vinaigrette	Х				х								
Teriyaki	Х				Х		Х	Х	0		Х		
Protein Bites													

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Trail Mix			0				X	х	Х		0		
PB Dream						X		X	X	х			
Coco Nutty									х	x			
Pecan Pie								0	Х				
Grab n Go Sides													
Chai Chia Pudding		х					х	х	Х	Х			
Curried Cauliflower		X			X		X	x	0				
Quinoa Tabbouleh		х											
Tropical Overnight Oats	X					X			X	x			
Ube Chia Pudding		X							X	X			