CRISP@GREEN ALLERGEN GUIDE | SPRING SUMMER 2025

Your health and safety are just as important to us as making sure that you have an amazing meal. All of our menu items can be customized to fit your needs. See a detailed breakdown below of our menu allergen information. If you have a severe food allergy or sensitivity, please notify a manager in the restaurant. Although some items do not contain any particular allergens, we cannot make any guarantees.

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Menu Name	Agave	Citrus	Dairy	Eggs	Garlic	Gluten	Soy	Peanuts	Tree Nuts	Coconut	Sesame	Finfish	Shellfish
WARM GRAIN BOWLS	1.5			-66-			,						
Ahh Greek Out!	х	х	х	0	х	х	х				х		
Fiesta Bowl	X	X	X	0	X	0	X	x	0		0		
Golden Hour Curry	X	X	^		X	U	X	^	x	х	0		
Seoul Bowl	X	X			X	x	X	0	X	^	X		
The Bold & The Buffalo	^	x	х		x	x	x	, and	0		^		
Zen BBQ Bowl	×		0		×	x	×	x	0		×		
SIGNATURE SALADS													
C'est La Viche	Х	Х			х								х
Chicken Bacon Ranch	X	X	x		X		х						^
Classic Chicken Caesar	^	x	x	x	X	0	X	х	0		0	x	
No Prob Cobb		×	X	x	X	, ,	X				ı ü	x	
Watermelon Feta Zest	x		x		×								
Wild Wild Southwest		x	x		x		x						
WRAPS													
Buffalo Bleu		х	х	0	х	х	х						
Caesar Crunch		x	x	x	x	x	х		0			x	
Crispy Medi Wrap	×	x	x	0	x	x	0	0	0		x		
Honey Mustard		х	х	х	х	х	0						
Japanese BBQ	x		0		х	х	x	х	0		х		
Spicy Southwest		х	х		x	х	x						
KIDS BOWLS													
Adventure Bowl		х	х	0	х	0	х	х	0		0		
Little Chef Salad		x	x	x	×		x				_		
Los Ninos Bowl		x	×		×		×						
Smash Bowl		х	х		х		х						
ACAI BOWLS													
Acai Ya Later			0	0		0	0	0	0	Х			
Give Me S'More			0	0		0	x	0	x	X	0		
Imagine Dragon Fruit			0	0		0	0	0	x	×			
Protein Power Play			0	0		0	x	0	X	X	0		
Tropic Time			0	0		0	0	0	×	×	_		
Two to Mango			0	0		0	0	x	x	x			
SMOOTHIES													
Big Island									х	х			
Date Night								0	x	X	0		
Green Glow									^	^	0		
Maple Peanut								x	x	Х			
Purple Rain		x								^			
Rise & Grind							0		x	Х	0		
Strawberry Sunrise							-				-		
Be Well													
Blue Boost			0						x	x		0	0
Bounce Back		х											0
Brewberry							0		x	x	0		
Chai Tea		х							х	х			
Hibiscus Tea			0						х	х		0	
Inner Beauty			0						х	х		0	
Mocha Dream			0	0		0	0	х	х	х			
AGUAS FRESCAS													
Butterfly Tea	х	х											
Cranberry Blueberry	x	х											
Pineapple Ginger	×	x											
Pomegranate Lemon	x	х											
Rishi Classic Black Tea													
Strawberry Jalapeno	Х	Х											
SNACKS & TREATS													
Vegan Crispie							х			х			
						х	х		х				
Vegan Walnut Chocolate Chip Cookie													
Vegan Walnut Chocolate Chip Cookie BUILD YOUR OWN ACAI BOWL													
			0	0		0	0	0	0	х			
BUILD YOUR OWN ACAI BOWL			0	0		0	0	0	0	x x			
BUILD YOUR OWN ACAI BOWL Acai Sorbet													
BUILD YOUR OWN ACAI BOWL Acai Sorbet Dragon Fruit Sorbet			0	0		0	0	0	0	х			
BUILD YOUR OWN ACAI BOWL Acai Sorbet Dragon Fruit Sorbet Mango Sorbet			0	0		0	0	0	0	х			

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Strawberries													
Cacao Nibs													
Cashew Butter							0		x		0		
Granola									0				
Protein Puffs			0				x		0		0		
Toasted Coconut			Ü				,		х	Х			
Vegan Marshmallows							х		^	^			
							Х						
SMOOTHIE INGREDIENTS													
Almond Butter								0	х		0		
Blue Spirulina													0
Cashew Butter							0		х		0		
Chai Tea Concentrate		х											
Chia Seeds							0		0				
Cocoa Powder			0	0		0	0		0				
Coconut Milk									×	x			
Collagen Powder			0						0			0	
Cold Brew Coffee			U						U				
													_
Green Spirulina													0
Hibiscus Powder													
Maple Syrup													
Oat Milk													
Peanut Butter								х	х				
Plain Pea Protein													
Turmeric Powder													
Vanilla Pea Protein									x	X			
									X	X			
BASES													
Arugula													
Black Rice							х						
Brown Rice							x						
						v	o						
Hero Tortilla						X	O						
Kale													
Mixed Greens													
Quinoa							X						
Romaine													
Spinach													
HOT TOPPINGS													
Black Beans													
Blackened Chicken Thigh					X								
Buffalo Chicken					x								
Quinoa							x						
Roasted Cauliflower					x								
Roasted Chicken					x								
Roasted Corn & Poblano					^								
Roasted Mushrooms													
Roasted Peppers & Onions		х											
Roasted Sweet Potatoes													
Roasted Tofu	x	х			х		х						
COLD TOPPINGS													
Apples		х											
		^											
Avocado													
Bleu Cheese			х										
Carrots													
Citrus & Garlic Shrimp		x			х								х
Cucumbers													
Daikon Radish													
Edamame							Y						
				×			^						
Egg				×									
Feta			Х										
Jalapenos													
Olives													
Napa Cabbage													
Parmesan			х										
Pickled Onions	х		.,										
	*		V-										
Queso Fresco			X										
Radicchio													
Roasted Corn													
					х								



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Watermelon													
White Cheddar			x										
DRY TOPPINGS													
Bacon													
Craisins													
Crispy Wontons						x			0				
Pepitas			0			0	0	x	0		0		
Sunflower Seeds			0	0		0	0	x	0		0		
GARNISHES													
Bachan's Japanese BBQ Sauce					x	x	x				x		
Blue Corn Chips													
Bread			0	0		х			0		0		
Buffalo Bread Crumbs			0	0	х	х	0						
Cilantro													
Crispy Chickpeas			0			0	0	0	0		0		
Croutons						х			0				
Golden Raisins													
Hummus		х	0	0	х	0	0				x		
Mint													
Olive Oil													
Parmesan Crisps			х										
Pepitas			0			0	0	х	0		0		
Pita Chips						х					0		
Roasted Tomatillo Salsa		х			х	0	0		0				
Sesame Seeds											x		
Spicy Bibimbap Sauce	х				х	х	х				x		
DRESSINGS													
Balsamic Vinaigrette	х												
C&G Ranch		x	x		×		x						
Classic Caesar		x	x	x	x		x					х	
Creamy Southwestern		x	×		×		x						
Honey Mustard		x		x									
Jalapeno Green Goddess		x	x		x		x					x	
Jalapeno Lime Vinaigrette	х	х			х								
Korean Chile Cashew	x				x	x	x		x		×		
Madras Curry Dressing	x	х			x		0		x	x	0		
Red Wine Vinaigrette	x				×								
Teriyaki	X		0		х	0	х	x	0		x		